Doctor of Couple and Family Therapy Curriculum

Academic Year	Fall Term		Winter Term		Spring Term		Summer Term		Total Credits Academic Year
	Courses	Credits	Courses	Credits	Courses	Credits	Courses	Credits	
Year 1	CFTP 716 Advanced Family Therapy Theory and Practice	3	CFTP 724 Multicultural Approach to Couple and Family Therapy	4	NHP 762 Health Professional Education	3	CFTP 735 Family Healthcare Policy	3	29
	CFTP 710 Advanced Legal and Ethical Implications in Couple and Family Therapy	4	CFTP 720 Couple Therapy Theory & Practice	3	CFTP 740 Systemic Approaches to Addiction	3	CFTP 743 Trauma Theory and Models with Vulnerable Populations	3	
	CFTP 800 Portfolio Planning and Development	1	CFTP 800 Portfolio Planning and Development	1	CFTP 800 Portfolio Planning and Development	1			
	Total Credits:	8	Total Credits:	8	Total Credits:	7	Total Credits:	6	
Year 2	CFTP 750 Professional Development and Leadership	3	CFTP 734 Supervision in Couple and Family Therapy	4	CFTP 760 Teaching Practicum	2	CFTP 765 Grant Writing for Program Development and Evaluation	3	27
	RSCH 759 Foundations of Biostatistics	3	RSCH 770 Foundations in Research Methods	3	RSCH 714 Qualitative Research Methods I	3	CFTP 742 Couples Sexual Therapy	3	
	CFTP 800 Portfolio Planning and Development	1	CFTP 800 Portfolio Planning and Development	1	CFTP 800 Portfolio Planning and Development	1			
				8					
	Total Credits:	7	Total Credits:		Total Credits:	6	Total Credits:	6	
Year 3	CFTP 810 Capstone Portfolio I	2	CFTP 811 Capstone Portfolio II	2	CFTP 812 Portfolio III	2			15
	CFTP 801 Couple and Family Therapy Internship	3	CFTP 801 Couple and Family Therapy Internship	3	CFTP 801 Couple and Family Therapy Internship	3			
	Total Credits:	5	Total Credits:	5	Total Credits:	5			

Total: 71 Credits

Last Updated: 5.17.21

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Code	Course	Credits
CFTP 710	**Advanced Legal and Ethical Implications in Couple and Family Therapy**	**4.0**
CFTP 716	Advanced Family Therapy Theory and Practice	3.0
CFTP 720	Couple Therapy Theory & Practice	3.0
CFTP 724	Multicultural Approach to Couple and Family Therapy	4.0
CFTP 735	Family Healthcare Policy	3.0
CFTP 740	**Systemic Approaches to Addiction**	**3.0**
CFTP 743	**Trauma Theory and Models with Vulnerable Populations**	**3.0**
CFTP 742	Couples Sexual Therapy	3.0
CFTP 750	Professional Development and Leadership	3.0
CFTP 734	Supervision in Couple and Family Therapy	4.0
CFTP 760	Teaching Practicum	2.0
CFTP 765	**Grant Writing for Program Development and Evaluation**	**3.0**
CFTP 800	**Portfolio Planning and Development****	**6.0**
CFTP 810	**Capstone Portfolio I**	**2.0**
CFTP 811	**Capstone Portfolio II**	**2.0**
CFTP 812	**Capstone Portfolio III**	**2.0**
CFTP 801	Couple and Family Therapy Internship [*]	9.0
NHP 762	Health Professional Education	3.0
RSCH 714	Qualitative Research Methods I	3.0
RSCH 759	Foundations of Biostatistics	3.0
RSCH 770	Foundations in Research Methods	3.0
Total		71

New Course

Existing Course from COFT Course Catalog (new addition to DCFT curriculum)

*3 credit course taken 3 times

**1 credit course taken 6 times

Last Updated: 5.17.21

Course Descriptions

CFTP 710 Advanced Legal and Ethical Implication In Couple and Family Therapy: This course builds on foundational knowledge of couple and family therapy professional ethics through an in-depth examination of: 1) the AAMFT Code of Ethics and related state and federal laws, 2) ethical reasoning and decision-making, and 3) key current ethical and legal issues relevant to advanced clinical practice, clinical administration and supervision, and clinical education.

CFTP 716 Advanced Family Therapy Theory and Practice: Advanced comparative analysis of historical and contemporary approaches to family therapy theory and their practical application, with particular reference to social context implications

CFTP 720 Couple Family Theory & Practice: Advanced comparative analysis of historical and contemporary approaches to couple therapy theory and their practical application, with particular reference to social context implications.

CFTP 724 Multicultural Approach to Couple and Family Therapy: Develops cultural awareness and competency in working with families around issues of race and class

CFTP 735 Family Healthcare Policy: This course examines historical and contemporary trends in family healthcare policy, emphasizing healthcare disparities and the socio-political implications for families in different social positions while examining the intervene role of family therapy in larger eco-systemic issues. Furthermore, this course will explore individual and family health, specifically across the contexts of gender, race, and class. Factors influencing health policy (e.g., politics, media, interest groups, religion, think tanks) will additionally be explored, along with health disparities and health equality in the American health care system.

CFTP 740 Systemic Approach to Addiction: This course will provide an in-depth exploration of the effects and consequences of addiction across multiple systems including family, community, and society. Its purpose in the program of study is to support the application and advancement of family therapy theory and practice in the prevention, treatment and recovery support for families impacted by substance use and addiction

CFTP 743 Trauma Theory and Models with Vulnerable Populations: This course reviews models of trauma and the various ways that trauma may intersects with various aspects of social location and identity, as well therapeutic models for the provision of trauma-informed and socially just mental healthcare services

CFTP 742 Couples Sexual Therapy: Explores the definition of "normal" sexual functioning, and the assessment and treatment of sexual dysfunction in couples therapy.

CFTP 750 Professional Development and Leadership: This course prepares doctoral students for leadership roles in the field of couple and family therapy, with a focus on administrative skills and roles. Course content areas include leadership styles and theories, navigating the job application process, licensure and certification, and key skills for leadership and administration in clinical organizations.

CFTP 734 Supervision in Couple and Family Therapy: Preparation for supervising trainees in couple and family therapy, from a systemic perspective. Exploration of supervision models and modalities; development of a personal model of supervision.

CFTP 760 Teaching Practicum: The teaching practica involves observation, mentoring, participation in classroom teaching, and planning/teaching one course section. Students and their advisors/mentors will develop contracts that identify individualized learning outcomes of the practica. The student will participate in teaching a course within the College of Nursing and Health Profession with a graduate faculty member advising and mentor. The teaching practica will include the student teaching a course, developing learning activities and assignments, evaluating student performance, and evaluating their own teaching performance.

CFTP 765 Grant Writing for Program Development and Evaluation: This project-based course is designed to teach students about the importance of grant-writing in their role as a professional and leader in the field of the couple

and family therapy. Students will gain the essential knowledge and skills to write and submit a competitive grant proposal for the purpose of program development to a foundation or government agency. This will include identification or creation of a fundable project in their content area, research and assessment of funding sources, collaboration with other professionals, writing a proposal that includes a budget, and completing a proposal package that is submitted to the funder of their choice.

CFTP 800 Portfolio Planning and Development: The Portfolio Planning and Development course is intended to prepare students for Capstone I,II,II and ensure the student has support in 1) developing a feasible plan meet capstone portfolio requirements and 2) making progress on portfolio tasks that require long-term development across the first two years of the program and 3) tailoring their capstone portfolio to represent their professional goals. The capstone portfolio will represent professional development across four professional domains: 1) Scholarship, 2) Teaching, 3) Clinical Practice, and 4) Citizenship, Leadership, and Service

CFTP 810 Capstone Portfolio I: The Capstone Portfolio course requires each student to create an electronic professional portfolio to synthesize and demonstrate key knowledge and professional accomplishments in the domains of 1) Scholarship, 2) Teaching, 3) Clinical Practice, and 4) Citizenship, Leadership, and Service. In this first of three Capstone Portfolio Courses, the student chooses two of the four portfolio professional development domains to focus on and will work on completing the tasks/subsections within each. The student will work closely with a faculty advisor throughout this process.

CFTP 811 Capstone Portfolio II: The Capstone Portfolio course requires each student to create an electronic professional portfolio to synthesize and demonstrate key knowledge and professional accomplishments in the domains of 1) Scholarship, 2) Teaching, 3) Clinical Practice, and 4) Citizenship, Leadership, and Service. In this second of three Capstone Portfolio Courses, the student completes the two remaining portfolio professional development domains including the tasks/subsections within each. The student will work closely with a faculty advisor throughout this process.

CFTP 812 Capstone Portfolio III: The Capstone Portfolio course requires each student to create an electronic professional portfolio to synthesize and demonstrate key knowledge and professional accomplishments in the domains of 1) Scholarship, 2) Teaching, 3) Clinical Practice, and 4) Citizenship, Leadership, and Service. In this third of the Capstone Portfolio Courses, the student will finalize their capstone portfolio, submit it for faculty review, and give a presentation on their portfolio accomplishments and experience. The student will work closely with a faculty advisor throughout this process.

CFTP 801 Couple and Family Therapy Internship: Provides an advanced one-year full time supervised placement in a clinical, research, administrative or academic setting, as determined by the program director and student

NHP 762 Health Professional Education: This course is an introduction to teaching methods used in educating health professional students. Foundational aspects of teaching methodology, including theories of teaching, learning and student assessment, will be reviewed.

RSCH 714 Qualitative Research Methods: This course provides students foundation knowledge in inductive inquiry, including philosophical assumptions, interpretive frameworks, and common approaches to qualitative research. Students will learn basic skills in qualitative design, data collection, and data analysis.

RSCH 759 Foundations of Biostatistics: This is an introductory course which focuses on the fundamentals of biostatistics for nursing and health science doctoral students. Excel-based and SPSS assignments are used to supplement the content. May be repeated once for credit

RSCH 770 Foundations in Research Methods: This course is a survey of human subject quantitative and mixed research methodology. Doctoral students completing the course will develop skills to understand, evaluate, and apply research across the sciences and the health professions. This course emphasizes why a particular methodology is suited to a particular research agenda and introduces students to the importance of interdisciplinary team science